

## Special League Rules - High School

Hi Guys. Our rules are covered in Section 16 of the handbook. I have edited this to be up to date

-Doug

- ~~1. Blocking below the knee is to be eliminated from play with the exception of an area 1 yard outside the offensive tackle and three yards on either side of the line of scrimmage. Any player inside that imaginary box will be in a position to block below the knee. Any player outside that box at the time of the snap would be prohibited from blocking below the waist.~~

In February 2017 the league voted to remove this rule. I am sure we just forgot to inform the MFOA. We voted to adopt the Canadian Amateur Tackle Association rule book. We may now cut block any where in the open field from the hip to the knee but not below the knee.

Also we may cut below the knee in the tackle box of an area 1 yard outside the offensive tackle and 3 yards on either side of the line or scrimmage.

### Hand Book Reference

16.1 The current C.A.F.A. – “Canadian Amateur Rule Book for Tackle Football” will apply to all W.H.S.F.L. sanctioned games except for amendments as agreed upon by the activity committee.

2. Objectionable conduct shall be applied as a 15 yard penalty, with the offending player required to leave the field for three plays (with substitution permitted). The coach of the offending player shall be notified of the action that resulted in the objectionable conduct penalty before the start of the next play.
3. Choice at the beginning of the game is determined by a coin-toss with the visiting team calling the toss.
4. For kick-offs, teams may use a kicking tee which raises the ball no more than two inches above the playing surface.
  - a. We have no rule in the hand book that indicates this. Please refer to CATA rule book for this.

5. Players may not tape the body of their jersey. Tape may be used to tighten the material on the sleeve, but there must be no tape visible. (The tape and extra cloth must be tucked up inside the sleeve, out of sight.)

No tape may be present on the Jersey according to the hand book. This is an old rule and made before they made elastic sleeves and waists.

#### 16.3 "Tape on Jerseys" – Taping sweaters or altering of the Jerseys in any fashion is not allowed.

6. Players shall be permitted to wear jerseys numbered "0" or "00" and shall be considered eligible receivers.
7. Mercy Rule: As per the new Football Canada Mercy Rule.
8. In the event of a tie at the end of regulation play during a playoff game, the following format will be followed:
  1. A 5 minute intermission.
  2. A coin toss to determine offence, defense, defer or choice of which goal to defend.
  3. Each team gets one timeout per overtime session.
  4. Scrimmage the ball from the 35-yard line, normal football rules apply.
  5. Team A keeps the ball as long as they make first downs, don't turn the ball over, or until they score a single point, field goal, or touchdown.
  6. Team B is given the same opportunity to score as many points as Team A.
  7. A defensive touchdown ends any overtime session.
  8. If the score remains tied, another overtime session is played at the opposite end of the field. The team that loses the coin toss in the first overtime will be given choice for the second overtime period.
  9. If the game remains tied, revert back to #1.
  10. After two complete rounds of overtime, teams must attempt a two point convert rather than a one point placement.

One rule you should be aware that was also passed.

16.4 Any player or member of a team (player, coach, support staff, etc.) who is disqualified by an official during a game for any reason shall be suspended from participating in the next regular season or playoff game in which his/her team participates, barring a successful appeal to the commissioner. This rule will apply to all August preseason (Spring and Summer), regular season and playoff games. Added Feb 2018

16.4.1 Players who have been disqualified/suspended are permitted to remain on their team sideline with helmets & shoulder pads removed for that game. That player may not dress in the subsequent game. Coaches/support staff etc. are not.

16.4.2 See part 6 for suspension appeal process.

I think 16.4.1 is the issue Refs need to be aware of.